

## HEADLINES:

- QI Course: A success!
- Alneelain University's 5'th & 6'th Year Medical Students Training Completion Ceremony.
- Nahj School Summer Volunteering Program



## Quality Improvement Course: A success!

CMA team *Congratulates*, Dr. Mohammed Abdulrabo for the successful course "Healthcare Measurement & Performance Improvement" occurred last 26'th-27'th of June

Alneelain University's fifth and sixth-year medical students expressed gratitude for completing the medical training rotation at Care Medical Hospitals (CMM & CMR).



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## "Volunteering as ART of HEART."

### MOST OUTSTANDING STUDENTS

Abdulrahman Adnan Almousa  
Mohammed Omran Almeslat  
Faisal Omran Almeslat  
Fariz Wael  
Azmy Zahraa  
Hassan Sidra Safdar

Founder & CEO of Nahj Program  
**Rakan Alotaibi**  
Co-Founder of Nahj Program  
**Jenan Kamal**

This program gives students an opportunity to hone their skills and develop their intellectual abilities in order to meet the prerequisites for admission to the careers of their choice. The students applauded Dr. Mona Ahmed Hussein, the Executive Director of Nursing Services, for her inspirational speech motivate them to follow their greatest ambition of becoming a doctor.

### NAHJ SCHOOL SUMMER VOLUNTEERING PROGRAM

In collaboration with Care Medical Academy & Nursing Department.

4-25 July, 2021 (1'st Batch), 21 July 2024–01 August, 2024 (2'nd Batch)



## 2-week Training Program | Al-Razi University–

### Nursing Students

The two-week Training Program for Al-Razi University's second-year nursing students finished on Sunday, 28 July, 2024 at Care Medical Academy–Rawabi, CMR Lecture Hall attended by several university officials. Furthermore, the Nursing Educators & coordinators are acknowledged and thanked by Care Medical Academy (CMA) for the outstanding work they did for the Al-Razi students throughout the preceding program, namely; Ms. Asmaa Soliman, Mr. Rino Hipolito, Ms. Immaculate Jerusalem, and Ms. Waad Saad.



## Bone Cancer Awareness Month

### Health Days, 2024

Less than 1% of all malignancies are bone cancers, making them extremely uncommon. Of those diagnose with osteoarthritis, six out of ten will survive for a few years and recover completely. The course of treatment for bone cancer is determined by the kind of cancer, the patient's condition, and the degree of disease dissemination.

**Reference:** <https://www.moh.gov.sa/HealthAwareness/HealthDay/2024/Pages/HealthDay-2024-07-01-31-001.aspx>

### Upcoming Courses August 2024:

- **Surgical suturing course 24 August 2024 (CME -To be Announced)**

- **BLS** – every Thursday / **ACLS** – 25-26 Aug  
**Booking** through the Saudi Heart Association.
- **Additional open course for BLS** – currently, we have 2 courses per week. Please see HR Distribution C, CMA Activity Calendar, August 2024

**Surgical Suturing Course**

رعاية الطبية  
CARE MEDICAL  
Academy الأكاديمية

Lecture Hall - CMR  
24th August 2024  
Fee: 632 SR

**For Registration**  
Scan the barcode

By the end of this course, participants will be able to:

1. To familiarize physicians with fundamental surgical techniques, including wound closure, suturing, and knot tying
2. Evaluate participants' ability to perform suturing, wound closure, and knot tying techniques accurately during practical sessions.
3. Conduct comprehensive lectures and demonstrations to deliver essential theoretical knowledge on basic surgical principles.

Limited Seats Available  
CME : to be announced later

011437-7777  
Ext.: 8367/8779

### **CMA INSIGHTS– NEWSLETTER TEAM**

Dr. Usamah Alzoraigi  
Ms. Samar Elsayed  
Mr. Fortunato D. Cea Jr.  
Ms. Lama Alshehri  
Ms. Reem Alanazi  
Ms. Dema Alotaibi

- **SMART Communications: Skills for Mindful and Respectful Treatment course 30 August to 03 September 2024 (Fully Booked)**

**SMART Communication:  
Skills for Mindful and Respectful  
Treatment Course**

رعاية الطبية  
CARE MEDICAL  
Academy الأكاديمية

31th August 2024

**Learning Outcomes:**

1. Demonstrate mindful presence and active listening.
2. Build and maintain trust with patients and colleagues.
3. Navigate difficult conversations with advanced strategies including empathy

CME : to be announced later

011437-8888  
Ext.: 8367/7945